

Monday

| # | Time | Class | Instructor |
|----|-------------|---|----------------|
| 1S | 5:30 - 7:00 | Level IV Ballet (Ages 12 - 14) | Kiera Naughton |
| 2S | 7:00 - 7:30 | **Level I Pointe (Ages 12 - 14) | Kiera Naughton |
| 3S | 7:30 - 9:00 | Level VI Ballet (Director's Discretion) | Kiera Naughton |
| 4S | 9:00 - 9:30 | **Level III Pointe (Ages 15 - 18) | Kiera Naughton |

To enroll in Level VI Ballet and Level III Pointe, please contact us.

| # | Time | Class | Instructor |
|-----|-------------|--------------------------------|-------------------|
| 5S | 6:00 - 6:45 | Preteen Tap (Ages 11 - 12) | Paige Brongo |
| 6S | 6:45 - 7:30 | Preteen Jazz (Ages 11 - 12) | Danielle Shortino |
| 7S | 7:30 - 8:15 | Level V Hip Hop (Ages 14 - 18) | Danielle Shortino |
| 7Sa | 8:15 - 9:00 | Level V Modern | Danielle Shortino |

| # | Time | Class | Instructor |
|-----|-------------|-------------------------------|-------------------|
| 8S | 5:15 - 6:00 | Level II Ballet (Ages 8 - 10) | Paige Brongo |
| 9S | 6:00 - 6:45 | Level II Jazz (Ages 8 - 10) | Danielle Shortino |
| 10S | 6:45 - 7:30 | Level II Tap (Ages 8 - 10) | Paige Brongo |
| 11S | 7:30 - 8:15 | Teen Ballet (Ages 13 - 18) | Paige Brongo |
| 12S | 8:15 - 9:00 | Teen Jazz (Ages 13 - 18) | Paige Brongo |

Tuesday

| # | Time | Class | Instructor |
|-----|-------------|---|---------------|
| 13S | 5:00 - 6:00 | Level III Ballet (Ages 10 - 12) | Karen Winters |
| 14S | 6:00 - 7:00 | * Performance Level III Jazz (Ages 10 - 12) | Karen Winters |
| 15S | 7:00 - 7:45 | Level III Tap (Ages 10 - 12) | Karen Winters |
| 16S | 7:45 - 8:30 | * Lyrical (Ages 10 - 12) | Karen Winters |

| # | Time | Class | Instructor |
|-----|-------------|--|-----------------|
| 17S | 5:30 - 6:30 | * Performance Level IV Jazz (Ages 12 - 14) | Trichia Bertino |
| 18S | 6:30 - 7:15 | Level IV Tap (Ages 12 - 14) | Trichia Bertino |
| 19S | 7:15 - 8:15 | * Performance Level VI Jazz (Ages 15 - 18) | Trichia Bertino |
| 20S | 8:15 - 9:00 | Level VI Tap (Ages 15 - 18) | Trichia Bertino |

To enroll in Performance Level VI Jazz and Level VI Tap, please contact us.

| # | Time | Class | Instructor |
|-----|-------------|--|---------------|
| 21S | 5:00 - 5:45 | 1st Year Tots Ballet & Tap (Ages 3 - 4) | Renee Sheelar |
| 22S | 5:45 - 6:30 | 2nd Year Tots Ballet & Tap (Ages 4 - 5½) | Renee Sheelar |
| 23S | 6:30 - 7:30 | 3rd Year Tots Ballet & Tap (Ages 5½ - 6) | Renee Sheelar |

Wednesday

| # | Time | Class | Instructor |
|-----|-------------|--|---------------|
| 24S | 5:00 - 5:45 | Stretch & Technique (Ages 8 - 12) | Karen Winters |
| 25S | 5:45 - 6:45 | * Performance Level V Jazz (Ages 14 - 18) | Karen Winters |
| 26S | 6:45 - 7:30 | Level V Tap (Ages 14 - 18) | Karen Winters |
| 27S | 7:30 - 8:15 | Level V Modern/Contemporary (Ages 14 - 18) | Karen Winters |

| # | Time | Class | Instructor |
|-----|-------------|------------------------------------|----------------|
| 28S | 5:00 - 5:45 | * Level II Irish (Ages 10 - 12) | Maddie Tavares |
| 29S | 5:45 - 6:30 | *** Level III Irish (Ages 12 - 14) | Maddie Tavares |
| 30S | 6:30 - 7:15 | * Level I Irish (Ages 8 - 10) | Maddie Tavares |
| 31S | 7:30 - 8:15 | *** Hard Shoe Irish (Ages 13 - 18) | Maddie Tavares |

| # | Time | Class | Instructor |
|-----|-------------|--------------------------------------|-------------------|
| 32S | 5:00 - 6:30 | Level I Ballet/Jazz/Tap (Ages 6 - 8) | Danielle Shortino |
| 33S | 6:30 - 7:15 | Level I & II Hip Hop (Ages 8 - 10) | Danielle Shortino |
| 34S | 7:15 - 8:00 | Level I & II Modern (Ages 8 - 10) | Danielle Shortino |

La Danse Workshop 2018/2019 Schedule - Spencerport Location

Thursday

| # | Time | Class | Instructor |
|-----|-------------|-----------------------|-----------------|
| 35S | 5:00 - 5:45 | ‡ Mini Company Ballet | Trichia Bertino |
| 36S | 5:45 - 6:30 | ‡ Mini Company Jazz | Trichia Bertino |
| 37S | 6:30 - 7:15 | ‡ Mini Company Tap | Trichia Bertino |

| # | Time | Class | Instructor |
|-----|-------------|--------------------------------------|----------------|
| 38S | 5:30 - 7:00 | Level V Ballet (Ages 14 -18) | Kiera Naughton |
| 39S | 7:00 - 7:30 | ** Level II Pointe (Ages 14 -18) | Kiera Naughton |
| 40S | 7:30 - 8:15 | Stretch and Technique (Ages 13 - 18) | Various |

| # | Time | Class | Instructor |
|-----|-------------|--------------------------------------|-------------------|
| 41S | 5:00 - 5:45 | Level III Hip Hop (Ages 10 - 12) | Danielle Shortino |
| 42S | 5:45 - 6:30 | Level III & IV Modern (Ages 10 - 14) | Danielle Shortino |
| 43S | 6:30 - 7:15 | Level IV Hip Hop (Ages 12 -14) | Danielle Shortino |

Friday

Closed

67 Lyell Avenue
Spencerport, NY 14559
585-352-9540

109 Lake Avenue
Hilton, NY 14468
585-392-5988

contactus@ladanseworkshop.com
ladanseworkshop.com



Saturday

| # | Time | Class | Instructor |
|-----|---------------|------------------|-----------------------------------|
| 44S | 9:00 - 10:00 | ‡ Mini Company | Trichia Bertino/ Karen Winters |
| 45S | 10:00 - 12:00 | ‡ Senior Company | Trichia Bertino/ Karen Winters |

| # | Time | Class | Instructor |
|-----|--------------|------------------|-----------------------------------|
| 46S | 9:00 - 11:00 | ‡ Junior Company | Trichia Bertino/ Karen Winters |
| 47S | 11:00 - 1:00 | ‡ Teen Company | Trichia Bertino/ Karen Winters |

| # | Time | Class | Instructor |
|-----|---------------|--------------------------------------|-----------------|
| 48S | 9:30 - 11:00 | Level I Ballet/Jazz/Tap (Ages 6 - 8) | Stephanie Byron |
| 49S | 11:00 - 12:00 | I Love to Dance (Ages 7 - 10) | TBD |

* Students must take at least one ballet class.

** Students must take two ballet classes.

*** Students must complete Level I & II Irish and have at least one year of ballet technique.

‡ To enroll, dancers must have auditioned and been accepted on to the Company team. They must also take ballet, tap, jazz, and stretch & technique, and agree to the company contract.